



April 1, 2011
St. Pius High School-PAC
 5301 St. Joseph's Drive NW
 ALbuquerque, N.M. 87120
 7:45am-4:00pm

NMSCA



Michael Baron, Ph.D.
 Private Practice
 Corrales, NM
www.michaelbaronphd.com



Danielle Cossett, LISW
 NM Solutions Clinical Director
 Albuquerque, NM
<http://www.nurturinggreatness.net>
www.EnergyParenting.com



Matthew E. Lemberger-Truelove, Ph.D.
 University of New Mexico Professor
 Albuquerque, NM
<http://coe.unm.edu/index.php/departments/alias-12/counselor-education/counselor-education-faculty.html>

New Mexico School Counselor Association A Day of Professional Development

7:45am - 8:20am Registration

8:20am - 8:30am Welcome

Lori Sanchez, Ph.D., LPC, NCC, NMSCA President

**8:30am - 10:00am
 Academic Achievement**

Matthew E. Lemberger-Truelove Ph.D.

Dr. Matthew E. Lemberger-Truelove is currently an Assistant Professor at the University of New Mexico. He has worked as a counselor in both school and in community-based venues, with a focus in urban populations. His research interests include academic achievement through school counseling mechanisms, closing the achievement gap across the ethnic and economic divides, counselor training and clinical supervision, the epistemology of client change, and Individual Psychology. Dr. Lemberger-Truelove has twelve Journal Articles published/in press and several more articles under review.

10:00am - 10:15am Break

**10:15am - 11:45am
 Outcome Oriented Services for Emotionally and Behaviorally Challenged Students**

Michael Baron, Ph.D.

Dr. Michael Baron provides individual (adult and child), couple, and family therapy services in the rural setting of Corrales, New Mexico. In practice over 30 years Dr. Baron focuses on a range of issues, including anxiety, depression, anger management, self-esteem, assertiveness, marriage enhancement, discord, separation, divorce, aging, and bereavement. Dr. Baron believes that the key ingredients to meaningfulness and happiness in life can be summarized in just ten Hallmark words: Something to do... Someone to love... Something to hope for...

11:45am - 12:45pm Lunch

**12:45pm - 3:45
 Nurtured Heart**

Danielle Cossett, LISW

Danielle Cossett, LISW, is presently the Clinical Director for New Mexico Solutions. She is a Certified Nurtured Heart Therapist & Trainer for parents, professionals & teachers. The Nurtured Heart Approach is an amazing set of strategies developed specifically for children with ADHD and other challenging behaviors to facilitate parenting and classroom success. These methods have helped thousands of families to transform their child from using their intensity in primarily negative ways to using their intensity in beautifully creative and constructive ways. This approach has also helped teachers and other school personnel to have a dramatically positive effect on all children.

**3:45pm - 4:00pm
 Closing Comments, Workshop Evaluations, and Certificates**